



The Accelerator



WEEKLY NEWSLETTER of THE ROTARY CLUB OF PITTSFORD, NY

Meets every Wednesday – Pittsford Library @ 7:00 am

September 12, 2007

This Week's Reporters: Jim Cameron and Bruce Spector

Editor: Bruce Spector

Editor Emeritus: Ray Robbins

September is New Generations Month

Today's Rotary Team: President Peter Crooker, Set Up: Paul Stuart, Bob Vukosic, Gail Donofrio, Don Kimball, Greeter/Invocation: Bruce Spector, Collection & Attendance: John Belgiorno and Don Kimball, Song: "God Bless America", 50/50 Raffle: Paul Stuart.

Dr. Ellie Phillips, Preventing Dental Diseases

Attendance: Guest speaker Dr. Ellie Phillips; Rotary Youth Exchange Students Viki Garcia from Argentina and Tommy Orosz from Hungary, prospective members Pat Dottore and Greg Halstead, Honorary Member Jan Smith, and 29 members for a total of 35 attendees.



ANNOUNCEMENTS

IF YOU HAVE AN ANNOUNCEMENT: If you have an announcement to make at a club meeting please provide the details to the newsletter writers either by paper copy or by email to bruce@spectors.org.

On Saturday September 15 we will raise funds for the club's favorite charities by participating in "Pittsford Celebrates", with our "Birds for Words Chicken Barbecue". We still need more help from 5 PM onward.

On September 16, the cornerstone will be dedicated at the house to be built at 2830 Orange Street by the Habitat for Humanity group.

Pittsford Rotary members and friends are asked to sign up for the Softball Challenge, which will be held at Buckland Park in Brighton at 9 a.m. on September 22. Let's have a rooting section, too !

The Eastern Cities Dinner will be on October 23 at the Riverside Convention Center. Our club has three tables reserved and we hope for a good turnout. The Rotary International President will be the featured speaker. This dinner takes the place of the breakfast meeting.

We are two months from the Pancake Supper. The ad booklet will be used at events throughout the year. We will also ask for underwriters for the tables. We are looking for major sponsors donating \$500 and we ask all members to try to solicit businesses to help. Also, Rotarians can sign up for an ad package at a cost of \$150 which will cover a full page in the Rotary Info booklet, signage on the base of the sign pedestal at the supper, business card ads on the supper place mat, a listing in the supper thank you ad, a business card ad at the back of the Accelerator, and listings at our golf event and the Taste of Pittsford. Please contact Bruce Spector to sign up for ads, **no later than October 3.**

The club received a thank-you note from Pittsford Sutherland graduate Tim Quinn and from Nazareth student Mary Toledo for the scholarships provided by the Rotary Club of Pittsford. The club also received a plaque from Pittsford Youth Services, thanking us for our cash donation.

Jim Murphy announced news from the Rotary Club of Pittsford Foundation. Warren Richards has begun a 1-year term, and Ray Cornelius and Bruce Spector have begun 3-year terms. The Foundation Board approved the Rotary Club's yearly spending plan, as well as a \$900 shelter box to be sent to a disaster area and a \$1500 grant for Camp Haccamo nursing services. Notes and financial information will be provided at the September 19 club meeting.

John Belgiorno reminded members that pre-paid breakfast cards give you the first breakfast free. He thanked the set-up crew and reminded members to clean your respective areas before you leave.

Mary Alice Price emailed updated club membership directories earlier this month. Thanks, Mary Alice !

Bill Pieper, Peter Crooker and Bob Vukosic attended the monthly LPGA meeting on September 11. Bill told us that the LPGA purse will be \$2 million in 2008. Of the 2007 players, 10 of the top 10 entered the tournament, as well as 23 of the top 25 and 92 out of the top 100. There were 2370 volunteers and ESPN coverage. Next year, we expect to again operate the ice cream stand and help at the Webster tent.

Peter Crooker noted an essay by Gail Donofrio in the Brighton-Pittsford Post and an essay by Mary Alice Price in the Democrat and Chronicle.

On October 10, the club will hold a Teddy Bear Picnic at the Kings Bend North Lodge from 6 p.m. to 9 p.m. Pam Wright is chairing this activity. We are asked to bring unused teddy bears to the picnic, so we can provide them to the Monroe County Sheriff's Department for distribution to children in crisis. The Honeoye Falls – Mendon Rotary Club is planning to attend the picnic, too !

At the club meeting on Wednesday, September 19, District 7120 Governor John Hall (and hopefully his wife Maureen) will join us. Also, weather permitting, we will take a group photo of our members in the reading garden of the library.

UPCOMING EVENTS AND VOLUNTEER OPPORTUNITIES

CHAIRPERSONS – PLEASE SEND THE DETAILS OF YOUR EVENT – Date, Time, & Location.

July			
September	13	Board of Directors Meeting, 7 a.m.	Amica Insurance
	14	District 7120 Golf Tournament, Lunch at noon, shotgun start at 1 p.m.	Lima Golf Course
	15	Pittsford Celebrates "Birds for Words" where we sell barbecue chickens.	In back of the Pittsford Library
	22	Softball Challenge, 9 a.m.	Buckland Park, Brighton
October	6	Special Olympics New York, Fall State Games	Various locations below
	10	Teddy Bear Picnic, 6 p.m. to 9 p.m.	Kings Bend North Lodge
	23	Eastern Cities Dinner	Riverside Convention Center

Special Olympics New York Fall Games schedule for October 6 :

- 7:00 - 8:30 am Travel to Venues; Check in/Warm up
- 8 am to 5 pm Competition/Awards
- Bocce 10:00 am to 3:30 pm Total Sports Experience
- Cycling 10:00 am to 1:00 pm Rochester Industrial Office Park
- Cross Country 10:00 am - 1:00 pm Churchville Park
- Equestrian 9:00 am to 4:00 pm Lehman Farms
- Football Skills 10:00 am - 2:30 pm Total Sports Experience
- Football Team 10:00 am to 4:00 pm Total Sports Experience
- Golf 8:30 am - 3:30 pm Churchville Park Golf Course
- Roller Skating 9:00 am to 2:00 pm FX Horizon
- Softball Skills 9:45 am - 3:00 pm Total Sports Experience
- Softball Team 7:30 am - 5:00 pm Cobbs Hill Recreation Center
- 10:00 am to 4 pm Olympic Village Total Sports Experience
- 10:00 am to 4 pm Healthy Athletes Total Sports Experience
- 11:30 am - 1:45 pm Lunch will be served at venues
- 6:30 to 8:00 pm Dinner Total Sports Experience
- 8:30 to 10:00 pm Closing Ceremonies and Total Sports Experience Victory Dance

Dr. Ellie Phillips, Preventing Dental Diseases



Dr. Ellie Phillips is a dentist specializing in preventive care. She is a member of the American Dental Association, the New York State Dental Association and the American Academy of Pediatric Dentists. She is a graduate of Eastman Dental Center and was the pediatric outpatient clinic director at the Eastman Dental Center and a faculty member of the University of Rochester. She has practiced general, pediatric, geriatric and special needs dentistry. She has also owned successful coffee shops and a currently owns a restaurant with 70 employees. Her mission is to end cavities, gum

disease, bad breath and unnecessary dental treatments, and to spread the word that the gift of healthy teeth is for everyone.

Bacteria live on your toothbrush ! Be sure to frequently clean your brush with an antibacterial rinse. Only brush your teeth in a neutral pH or alkaline mouth, by using a balancing rinse before brushing. A pH balancing rinse can loosen food particles, clean the mouth, and minimize tooth damage due to toothpaste abrasiveness. Brush your teeth and gums thoroughly at least every 12 hours, to keep bacteria in check. Rinse your mouth with an antibacterial rinse to kill bacteria. Protect with a fluoride rinse, keeping it in your mouth as long as possible. Protect and strengthen your teeth by eating Xylitol, which has been proven to remove harmful germs from plaque on your teeth.

Dr. Phillips advises having dental checkups, but dental cleanings need not be an automatic part of the regimen. The approval of chemicals in tooth sealants was grandfathered in by the FDA, so there is no proof of the long-term safety of this procedure.

Dr. Phillips told us of her mother being advised to have teeth extracted. Ellie convinced her mother to try a preventive and healing program, which has worked successfully for her mother for 40 years.

Thanks to Dr. Ellie Phillips for the informative and helpful presentation ! Her web site is <http://www.cleanwhiteteeth.com/>

50/50: Jackpot \$139. Mary Alice Price tries for the aces but wins a free breakfast instead!

Think about this ... No one ever says "It's only a game" when his team is winning.

Be careful reading the fine print. There's no way you're going to like it.

ROTARY INFORMATION: Please check out <http://www.rotary.org/foundation/index.html>

OTHER CLUB / DISTRICT EVENTS

The July 2007 *District Newsletter* has been published at <http://www.rotary7120.org/DistrictNewsletter.cfm>

MEETING SCHEDULE & SPEAKERS

If you know someone who would be an interesting speaker, contact Paul Stuart for scheduling.

DATE	SPEAKER	PROGRAM	GREETER	RAFFLE TICKETS
9/19/07	John Hall	District Governor	Paul Stuart	Bruce Spector
9/26/07	Mary Alice Price	Pittsford School District	Jackie Swift	Paul Stuart
10/3/07	Randall Stone	Intl. Trade and Globalization	Doug Trolley	Jackie Swift
10/10/07		No Rotary meeting due to picnic		
10/17/07	Barbara Williams	Rotary Foundation	Bob Vukosic	Doug Trolley
10/24/07		No Rotary meeting due to Eastern Cities Dinner		
10/31/07	Maggie Brooks	Monroe County Executive	Matt Wahl	Bob Vukosic
11/7/07	Gail Donofrio	State of Family Court	Ellen Weber	Matt Wahl
11/14/07	Thomas Warfield	PeaceArt	Pam Wright	Ellen Weber
11/21/07	Nadine Parson	Just the Two of Us	Roger Zaenglein	Pam Wright
11/28/07	Jim Murphy	Know Your Member	John Belgiorno	Roger Zaenglein

HELPFUL ROTARY LINKS:

<http://www.rotary.org/> - Rotary International

<http://www.pittsfordrotary.org/> - Our club's website

<http://www.rotary7120.org/> - Our District

[NAZARETH ROTARACT](#) – Rotaract

The Rotary Club of Pittsford, New York		1-800-867-0513 x-56312	
<u>2007-2008 Club Officers</u>		<u>2007-2008 Board of Directors</u>	
President – Peter Crooker		Club Service – Mary Alice Price	
President Elect – Bob Vukosic		Pittsford Community Service—Richard Colby	
Vice President – Paul Stuart		Fund Raising—Lynn Freshman and Bob Vukosic	
Secretary – Jerry Gambino		Out of Pittsford Community Service—Pat Mallery	
Treasurer – Kevin O’Grady		Vocational Service—Jim Cameron	
Past President – Lynn Freshman		International Service—Matt Wahl	
Sergeant-At-Arms – John Belgiorno		Membership – Bob Vukosic	
		Public Relations – Fred Kopp	
FOUNDATION OF THE ROTARY CLUB OF PITTSFORD (2007-2008)			
Chair – Jim Murphy	<i>Other Voting Members:</i>	Don Henderson	Bruce Spector
Club President – Peter Crooker	John Bernacki	Ric Juskiewicz	
Treasurer – Jack Pickering	Ray Cornelius	Warren Richards	

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Matthew E. Wahl
 Certified Gemologist

of the things we think, say, or do.

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIP**?
4. Will it be **BENEFICIAL** to all concerned?

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2007
Pittsford Rotary
Golf Scramble

Coming Attractions:
 Make plans to attend our fundraiser
August 13, 2007

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